



Newsletter of the Eureka Center for Spiritual Living

A Global Heart Member Church

September 2010



**Rev. Wayna
Scovell**

Sunday Services

Meditation 9:30 am
Celebration &
Youth Service 10:00 am

Sunday Topics

**Theme:
Inner Peace**

- 9/5 **The Art of
Detachment**
9/12 **To Find Peace,
Go Within**
9/19 **The Resting
Place**
9/26 **Leaving Things
Undone**

**Odd Fellows Hall
239 Buhne Street
Eureka
corner of
Buhne & Williams**

Minister's Message

Everyday, we hear news of incessant violence and suffering. Will the violence ever end? Is it in our genes to be violent? In Science of Mind terms, if God is and God is all there is and God is good, how can we reconcile this omnipresent, good God with what appears to be such inhumanity towards each other?

Before we analyze this problem, we need to agree on certain assumptions based on the Science of Mind teaching: God is and God is all there is. There is nothing that exists that does not have the essence of God in it. This means that the material world is real. While it is not ultimate reality, the material world is a vibratory level of the energy of God.

God is good. It is here that one can be confused about what "good" means. The goodness of God is beyond the duality of relative good and evil. The goodness of God means the love of God emanating throughout Its creation. The universe is alive and evolving. God is love and love is the motive force that pushes the universe into higher and greater awareness of itself. The purpose of God is to express, to express goodness and love everywhere. We live in a good and loving universe.

There is only One Power in the universe and that power is the goodness and love of God. Ernest Holmes tells us: "All will recognize and live out their divinity because that divinity has been placed in them from the beginning of time. All will come into the conscious realization that they are spiritual beings, here, now. But each must discover that goodness and love for themselves."

The solution is love - The answer to violence is compassionate action and it begins in the hearts and minds of each of us. If we make a conscious decision and live our lives from love, violence will begin to disappear. We start where we are, in our own community. We make a vow to treat everyone we meet with dignity and respect. Everyone.

Will you join me in living the vow of Peace? During the month of September I offer weekly lessons to nurture Peace in your life. Join us Sundays at 10:00 am, and change your world!

With you, in Mind,
Rev. Wayna

Practitioner's Corner

By Claudia Flenniken

I'm not really an out-of-doors sort of person, but the seasons still affect me deeply. As I meditate on the approach of autumn, I immediately get images of orange hues. There are pumpkins and yams, changing leaves of deciduous trees, and the orange hues of the setting sun. Orange has an associated feeling for me—a feeling of courage.

The courage that is needed in the fall of the year is to trust that the slowing down of nature is not an ending but a prelude to new birth. Nature has to trust that the apparent withdrawal of vibrant green life is exactly what is needed as an aspect of growth.

The parallel in our lives is that when the forward activity of life slows down, it is time to trust with courage. Not every minute of life is supposed to be filled with business and building. Sometimes it is time to take stock, to ask what is really important to keep and what is better to let fall away like the leaves of the deciduous trees. So as the season of autumn is upon us, maybe it's a good time for all of us to spend some time visioning in this mode. May we be still, wait patiently, and put on the orange shroud of courage, to be perfectly guided to the next step in our lives.

Namaste

September Book of The Month

***The Generosity Plan* by Kathy LeMay**

The Generosity Plan shares the pleasure and benefits of personal philanthropy every day and reminds us how much we receive from the sharing of our time and treasures. LeMay gives us practical ways of making a difference whatever our budget or time allotment.

News from Bridge House

"It is the nature of Spirit to give. Spirit is the Essence of Life as well as the Intelligence back of everything. It is Complete and Perfect within Itself."⁽¹⁾

Those of you who give so generously for the folks at Bridge House reflect this wonderful philosophy of Religious Science.

The school year is fast approaching and school supplies will be needed for several of the youngsters there at Bridge House. They can use the usual supplies such as notebook paper, pens and pencils, color crayons, rulers, calculators, lunch boxes, and backpacks. It would be helpful to also give them snack packages which they can use in their lunch boxes. Bridge House always needs non-perishable foods for their pantry. Canned and packaged foods that will keep are desirable. They also willingly accept cleaning items and personal hygiene articles. Also, the first Sunday of each month we encourage fresh fruit for a special treat for them. Your caring support is a constant blessing to those who receive your gifts.

Thank you so much!

Everett and Ruth Henkle (We deliver to Bridge House)

(1) From *Living the Science of Mind* by Ernest Holmes. "The Divine Givingness", p. 393)

Financial Status

July Income	\$3,494.44	July Tithe UCRS	\$225.63	Building Fund	\$107,858.64
July Expenses	\$4,674.14	July Community Tithe	\$20.00		

Core Council President's Report

The strategic planning team continues to progress through the process of establishing objectives and taking action to fulfill the four 6-9 month transition goals that are leading us to a Strategic Plan for our Center that will guide us for the next several years. We will again have a workshop with Rai Jordan, RScP in December to check in on what we've done and learn the best way to proceed from there. In the meantime, the strategic planning team meets monthly just prior to the CORE Council meeting. To refresh your memory of the four transition goals, they are:

1. To make significant progress and/or possession of a dedicated space for our own use.
2. Increase attendance at Sunday service.
3. Increase income to exceed expenses.
4. Establish and facilitate a practice of open communication with input and information going both ways.

both ways.

What we've done so far is: (this is very brief so if you have questions, please ask)

Re. goal #1: Established a list of interview questions to ask Realtors in order to choose one to work with. We will interview 3-4 Realtors including Joyce West who has represented us in the past. Conducted a brief needs assessment. Discussed space use options other than by purchase. Discussed how best to communicate progress with the congregation.

Re. goal #2: Prepare/implement a "Welcoming Ministry." Select a volunteer coordinator and recruit/train volunteers. Promote Spirit Builders Club. Invite people back who haven't attended lately.

Re. goal #3: Mailed a letter about donations. Offered the Financial Freedom class. Discussed ways to increase income through tithes and other ways.

Re. goal #4: Suggested a monthly gathering to discuss congregants' concerns. The President's Report is to focus on strategic planning for the next several months.

I hope that by keeping you informed, you will feel more a part of the process. And just because you may not be part of the strategic planning team, doesn't mean you aren't an important integral part of our spiritual community. The Eureka Center for Spiritual Living thrives because of each of us – YOU! If you would like to contribute to any of the above four goals, even in the smallest way, please let me know. I invite you to join me in serving our Center because I know that whatever I contribute comes back to me ten-fold and I'd love to share that experience with you.

Namaste, Cynthany

Practitioners

Cynthany Windwalker, RScP	725-0808
Diane Decker, RScP	839-3219
Betty Fielding, RScP	839-8675
Bobbie Finster, RScP Emeritus	443-1017
Claudia Flenniken, RScP	444-3591
Susan Hesse, RScP	442-3288
Michele Kamprath, RScP	839-2845
Pamela Kelley, RScP	445-9159
Catherine LaFleur, RScP	616-1165
Russell Shorey, RScP	725-6246
Darline Thompson, RScP	444-9109
Rev. Wayna Scovell, CSL	443-5743

Core Council

Rev. Wayna Scovell, Community Spiritual Leader	443-5743
Cynthany Windwalker, RScP, President	725-0808
Bryan Rehling, Vice President	443-9056
Susan Hesse, RScP, Treasurer	442-3288
Ruth Henkle, Secretary	442-2512
Douglas Kamprath, Member	839-2845
Margaret Civiletti, Member	601-3372

Classes

Embodying Oneness

Come explore who you are and how you fit in and connect with the universe! This powerful 40-day program from James Twyman's *The Proof*, will open you to a new level of knowing yourself, and who and where you are in the world. As you embrace each day's lesson you will be opened to new ways of relating to the awareness of your own being as well as to your innate connection to all life!

A seven-week class starting **August 21st thru October 2nd** at 10:00-11:30 a.m. \$75
Facilitated by Cynthany Windwalker, RScP, cynthany44@yahoo.com, 725.0808.

Principles of Financial Freedom

Now is the perfect time to learn how to develop new attitudes and beliefs about money. You will be given tools to develop:

1. A great awareness of God as the source of your financial freedom.
2. A greater understanding of the principles of financial freedom.
3. A spiritual practice that duplicates the nature of Spirit in your financial affairs.
4. A way to identify forms of self-expression that are in alignment with your financial freedom.
5. And more . . .!

Come find out for yourself what many others have gained in personal financial freedom. Starting **August 24 thru October 12**, 6:00-9:00 p.m. at the church classroom, this is an 8-week accredited CSL class for \$151. Facilitated by Cynthany Windwalker, cynthany44@yahoo.com.

Metaphysical Bible Class

This class is designed for the student to see the Bible through new eyes, healing the old fears and harmful interpretations, and to explore the metaphysical teaching available in the Gospels and the teachings of Jesus.

It is time to de-demonize the Bible and accept we can enjoy the Bible while being firmly within the Science of Mind philosophy.

This 10-week class begins *Thursday, Sept. 2nd* and ends on *Thursday, Nov. 4th*. Rev. Wayna and Claudia Flenniken will co-teach this class. Fee: Love Offering, only if there are 10 or more students, otherwise the regular fee of \$175 applies.

Pre-registration is necessary.

McKinleyville Study Group

Every Monday evening we gather to study *Living The Science of Mind* by Ernest Holmes. 7:00-8:00 p.m. at the Church of the Joyful Healer, 1944 Central Ave. Rm. #4, McKinleyville. Open to anyone interested in Religious Science.

Spirit Builders Club

Are you new to Religious Science and the Center for Spiritual Living or want a refresher on the Religious Science principles? We meet regularly for 20-30 minutes after each Sunday talk guided by *Science of Mind Skills* and facilitated by one of five Practitioners. It's open to everyone, an opportunity to ask questions, and a time to whet your appetite for more so come check us out!



*"Health is not merely
the absence of disease;
it is the balance of mind,
body and soul."*

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These ads are not to be considered a recommendation from the Center for Spiritual Living.

Upcoming Events

SEVA Volunteer Training

Volunteerism is a sacred and holy service we do individually on the behalf of many. On Sunday, Oct. 3rd, right after service, we are going to begin instruction in SEVA. All volunteers will have the opportunity to deepen their understanding of the spiritual gift received when service is given to others. Call Maureen Harrington, 445-4744, for more information ALL volunteers need to attend, even if you have been volunteering for years!

Spaghetti Dinner and Auction

This annual event is going to be held on Saturday, October 2nd, from 5-8pm. Volunteers are needed to help assemble gift baskets, collect donations from local businesses, and set up/clean up the rented hall. Please call the office, 443-5743, and leave a message if you are willing to help!

Picnic in the Park

Join us for family fun, games, and great food on Sunday, September 12th at Sequoia Park right after our Sunday celebration. Come to the morning talk ready to party then bring one of your delicious side dishes to share, bring your family, bring a friend or two. Always a good time to eat and play together. Hamburgers and hot dogs will be provided. If you want to help, contact Cynthany at cynthany44@yahoo.com or 725.0808

Ongoing Events

Visioning

On the 4th Sunday of each month, we meet after service for Visioning. This is a process combining elements of both prayer and meditation, in which we enter a place of deep spiritual listening, and a facilitator asks questions on behalf of all present. Each person then listens for their own guidance on that issue.

Drum Circle

On the 1st Sunday of each month (with some exceptions for holidays) our drum circle meets between noon and 1:30 PM. Our intention is to create a sacred space of joy and healing, with singing and toning often included. All people of any skill level are welcome. Children under 14 must be supervised by a responsible adult.

<i>Happy Birthday</i>	
09/02	Darline Thompson
09/10	Terry Clark
09/21	Russell Shorey
09/26	Ruth Henkle
09/28	Linda Clark
<i>THOUGHT STARTER:</i>	
<p>“A realization of our Oneness with Omnipresence brings peace – the peace that is accompanied by a consciousness of power.” (SOM, p 617)</p> <p style="text-align: center;"><i>This contemplation has been brought to you by the School of Practical Spirituality.</i></p>	
Sunday Service:	239 Buhne Street Eureka
Center Office Address:	514 Russ Street, Eureka Henderson Center between “F” & “G”
Office Phone:	443-5743
Prayer Line Phone:	445-4257
Mailing Address:	PO Box 1049 Eureka, CA 95502-1049
Website:	www.csl-eureka.org

<i>Calendar for July and August</i>	
9/2	Metaphysical Bible Exploration
9/4	Embodying Oneness
9/5	Sunday Meditation & Service, Book Table, Drum Circle
9/6	McKinleyville Study Group
9/7	Principles of Financial Freedom
9/9	Metaphysical Bible Exploration
9/11	Embodying Oneness
9/12	Sunday Meditation & Service, Picnic in the Park
9/13	McKinleyville Study Group
9/14	Principles of Financial Freedom
9/16	Metaphysical Bible Exploration
9/18	Embodying Oneness
9/19	Sunday Meditation & Service, Book Table
9/20	Core Council Mtg. 6 pm, McKinleyville Study Group
9/21	Principles of Financial Freedom
9/23	Metaphysical Bible Exploration
9/25	Embodying Oneness
9/26	Sunday Meditation & Service, Visioning
9/27	McKinleyville Study Group
9/28	Principles of Financial Freedom
9/30	Metaphysical Bible Exploration

Eureka Center for Spiritual Living
P.O. Box 1049
Eureka, CA 95502-1049

RETURN SERVICE REQUESTED